



Taking the Smoke Out of Smoking

**Tobacco Products Scientific
Advisory Committee
Presentation
April 16th, 2014**

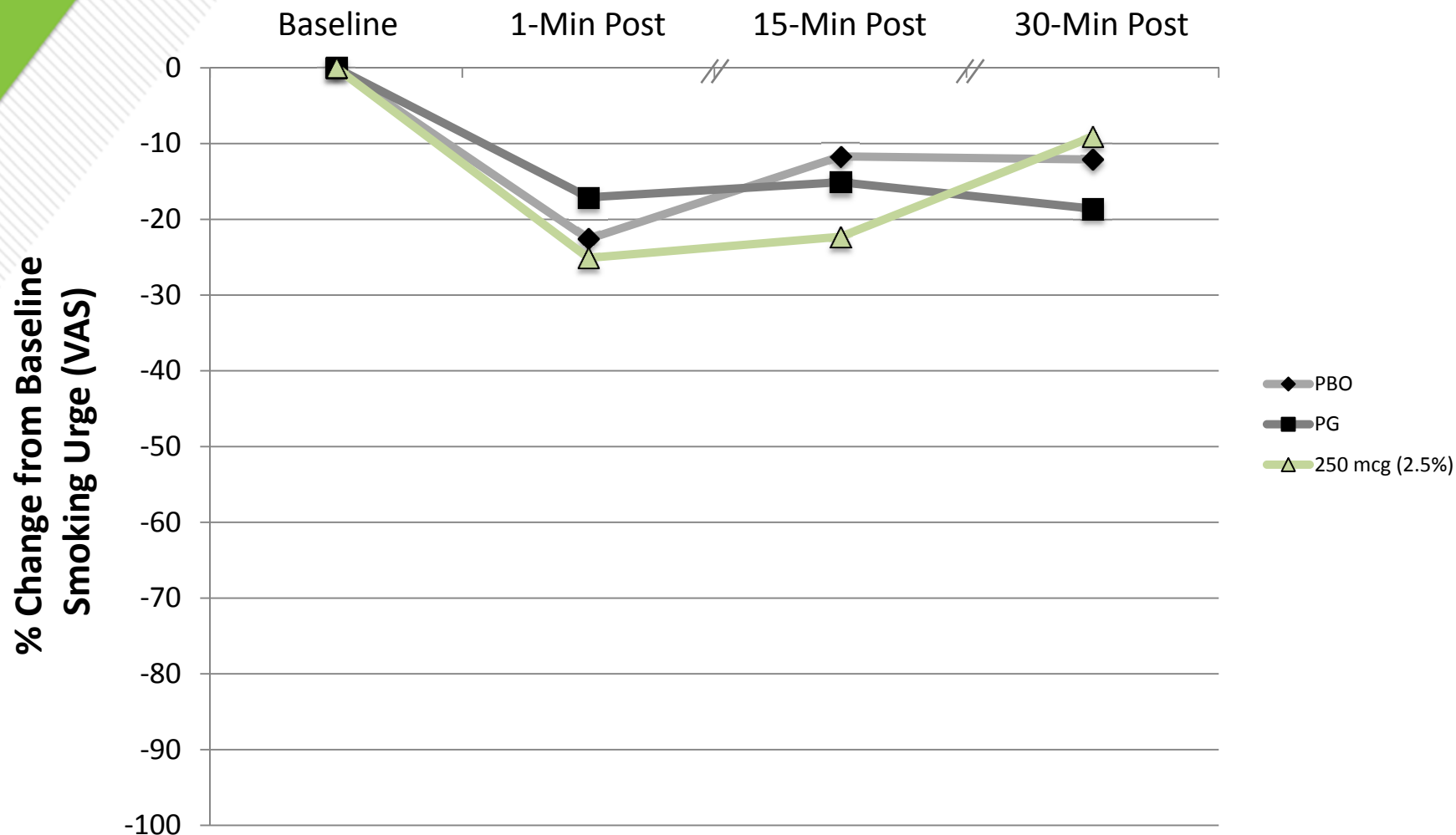




Overview

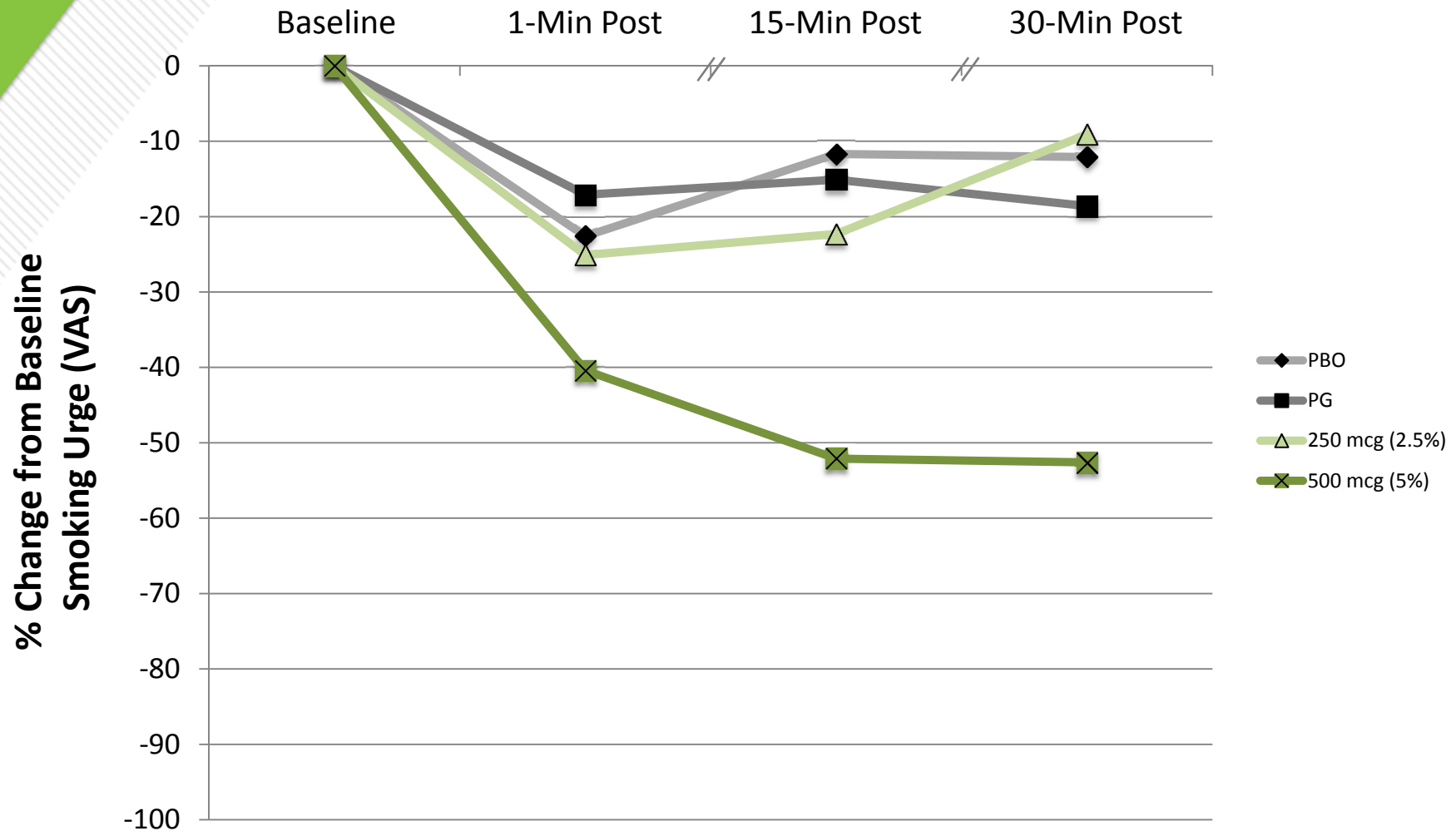
- Innovation in ENDDs can:
 - Effectively reduce smoking urges
 - Reduce nicotine exposure vs. cigarettes
 - Reduce exposure to harmful and potentially harmful constituents
 - Reduce similarity to smoking behavior
 - Track usage and dependence while also guiding users toward goals using eHealth tools

VAS Smoking Urge: % Change from Baseline*



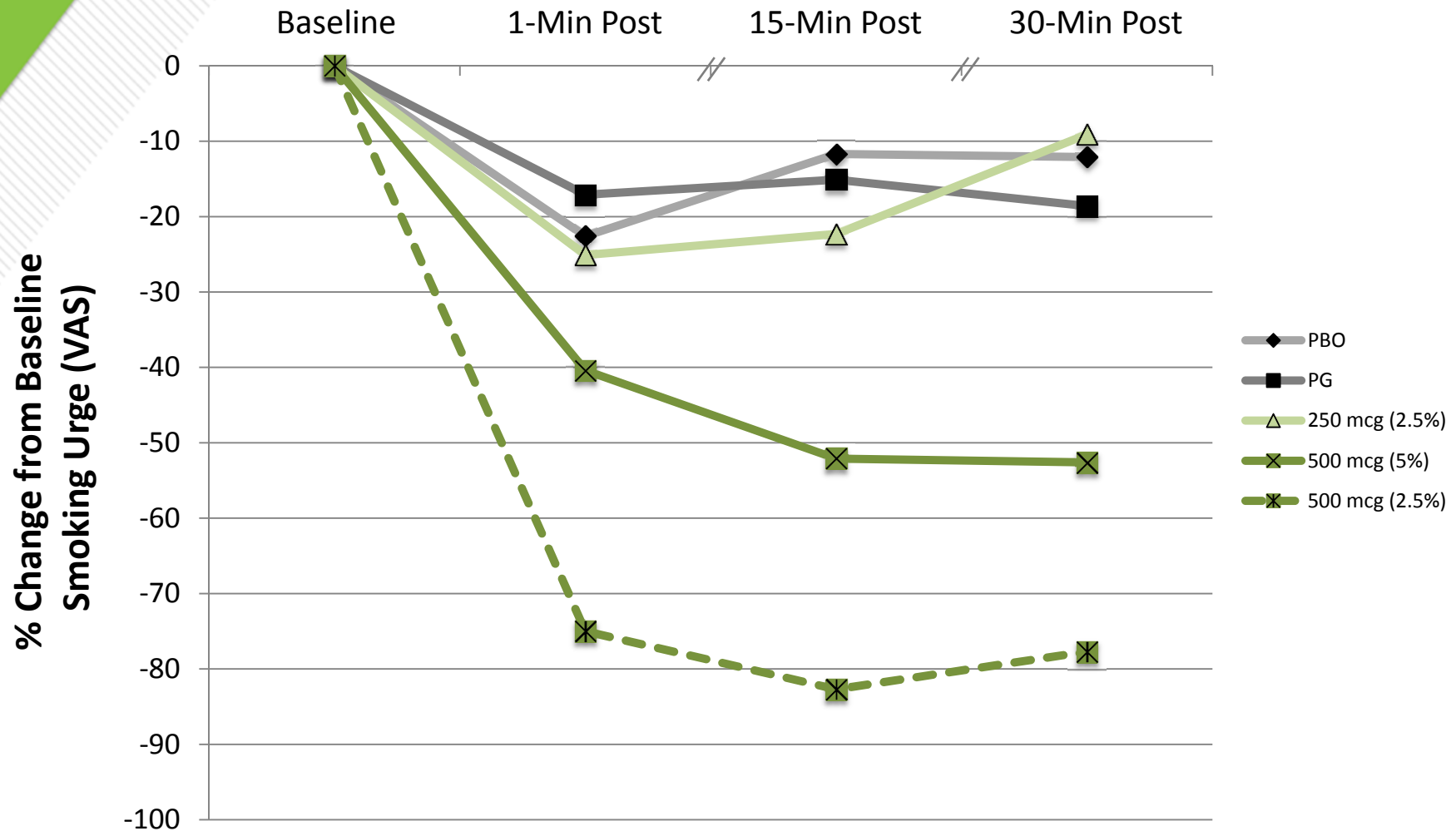
* Hufford et al. (2014) SRNT

VAS Smoking Urge: % Change from Baseline*



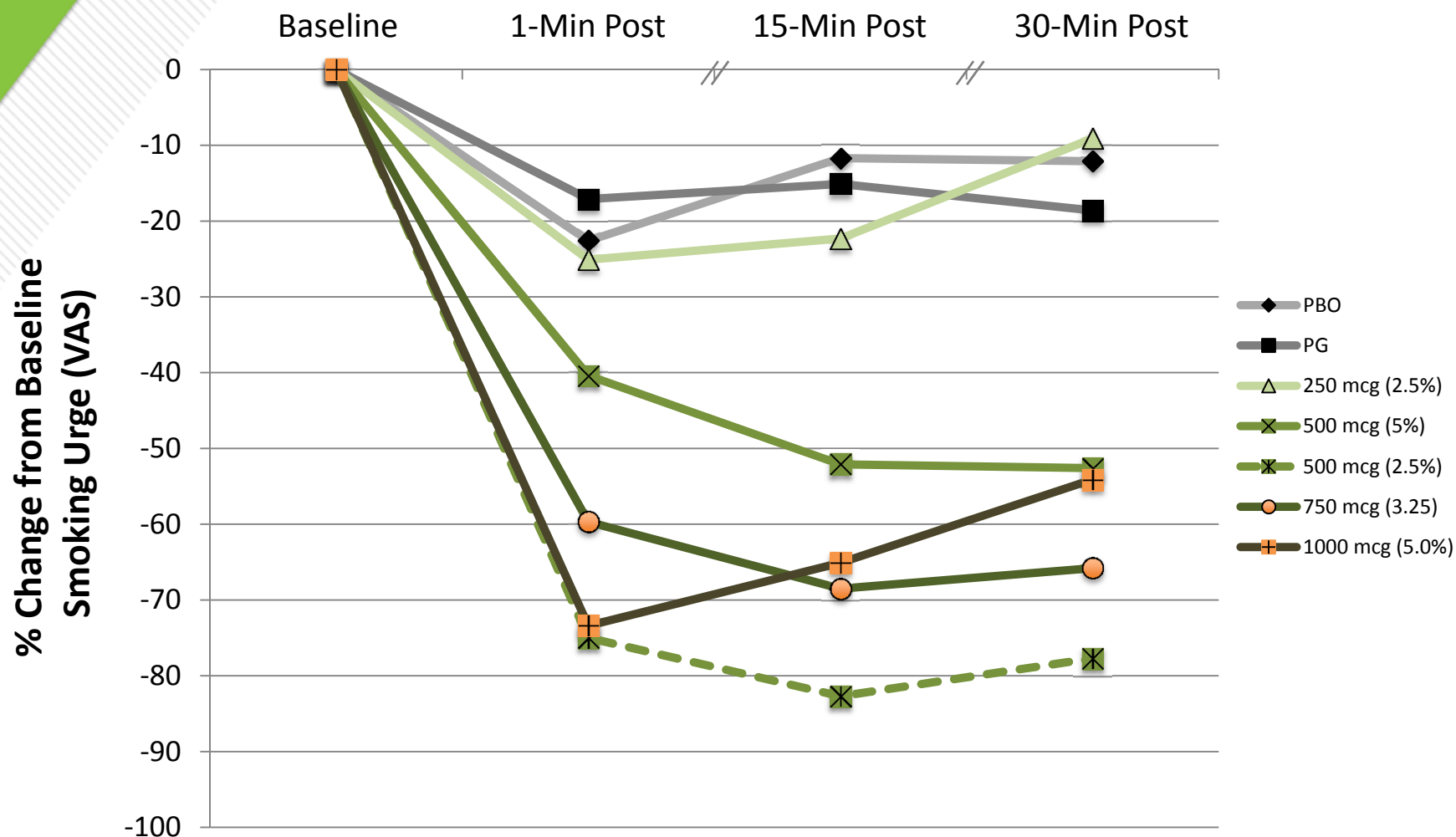
* Hufford et al. (2014) SRNT

VAS Smoking Urge: % Change from Baseline*



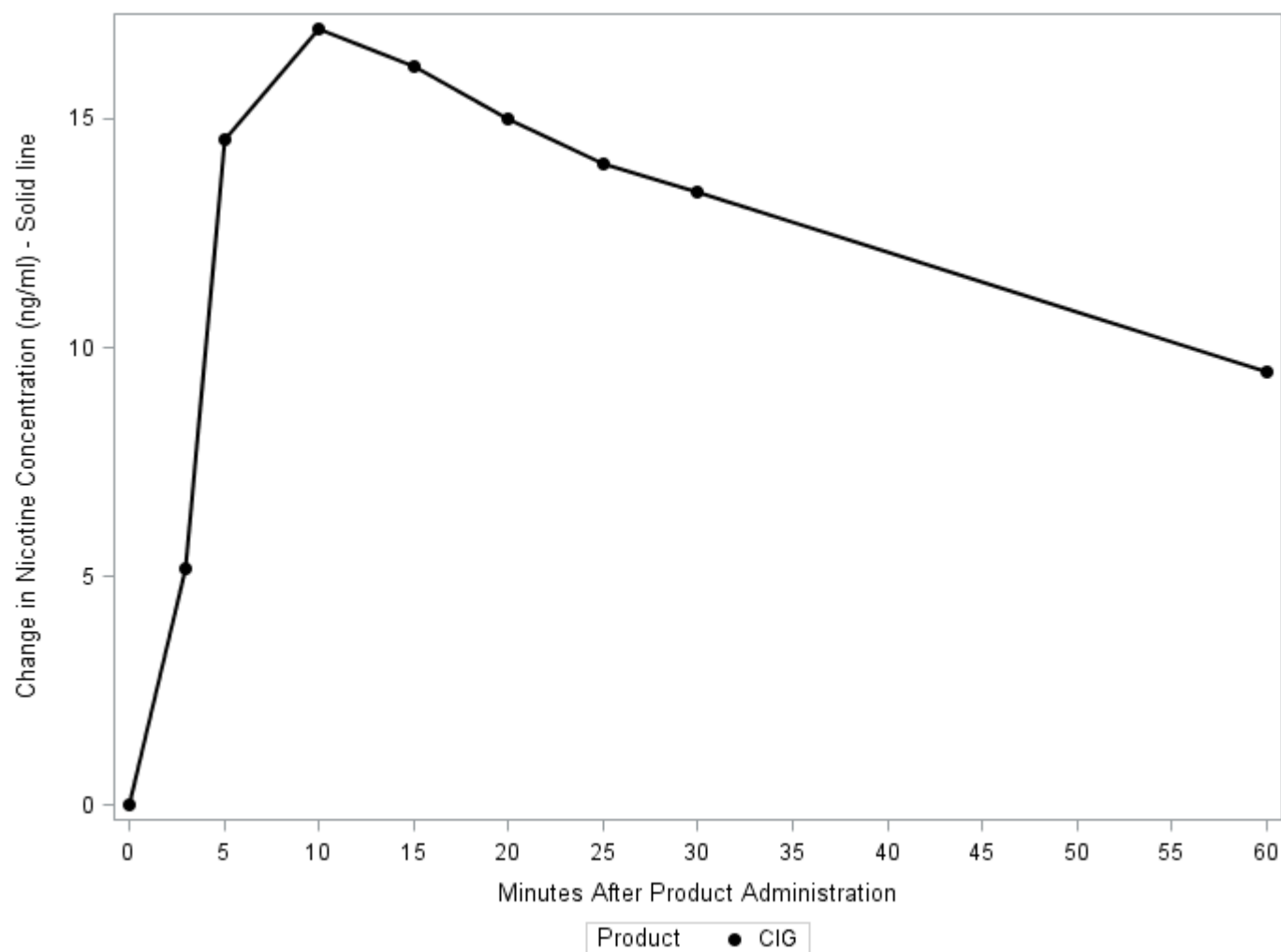
* Hufford et al. (2014) SRNT

VAS Smoking Urge: % Change from Baseline*



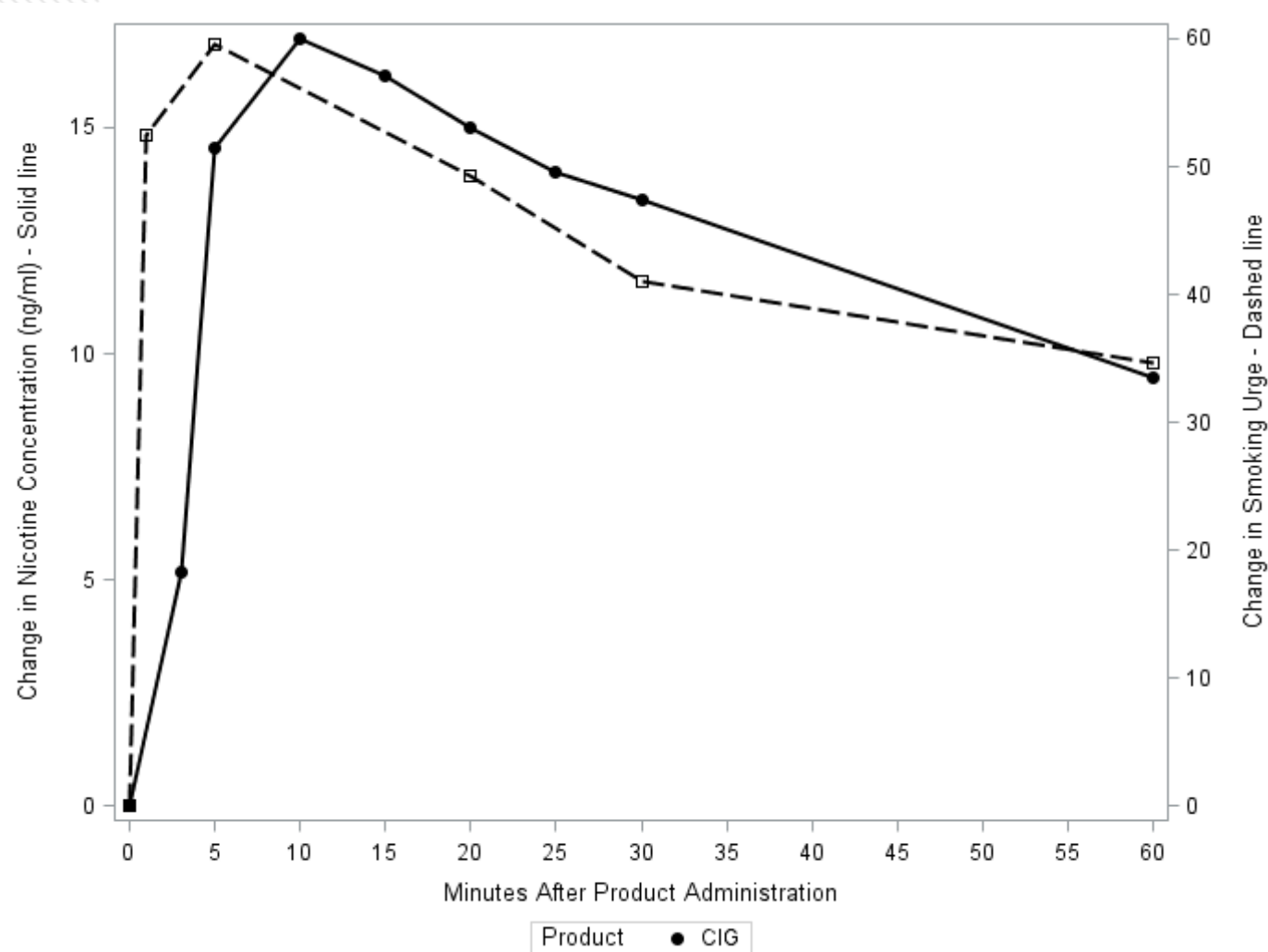
* Hufford et al. (2014) SRNT

Efficient Use of Nicotine*



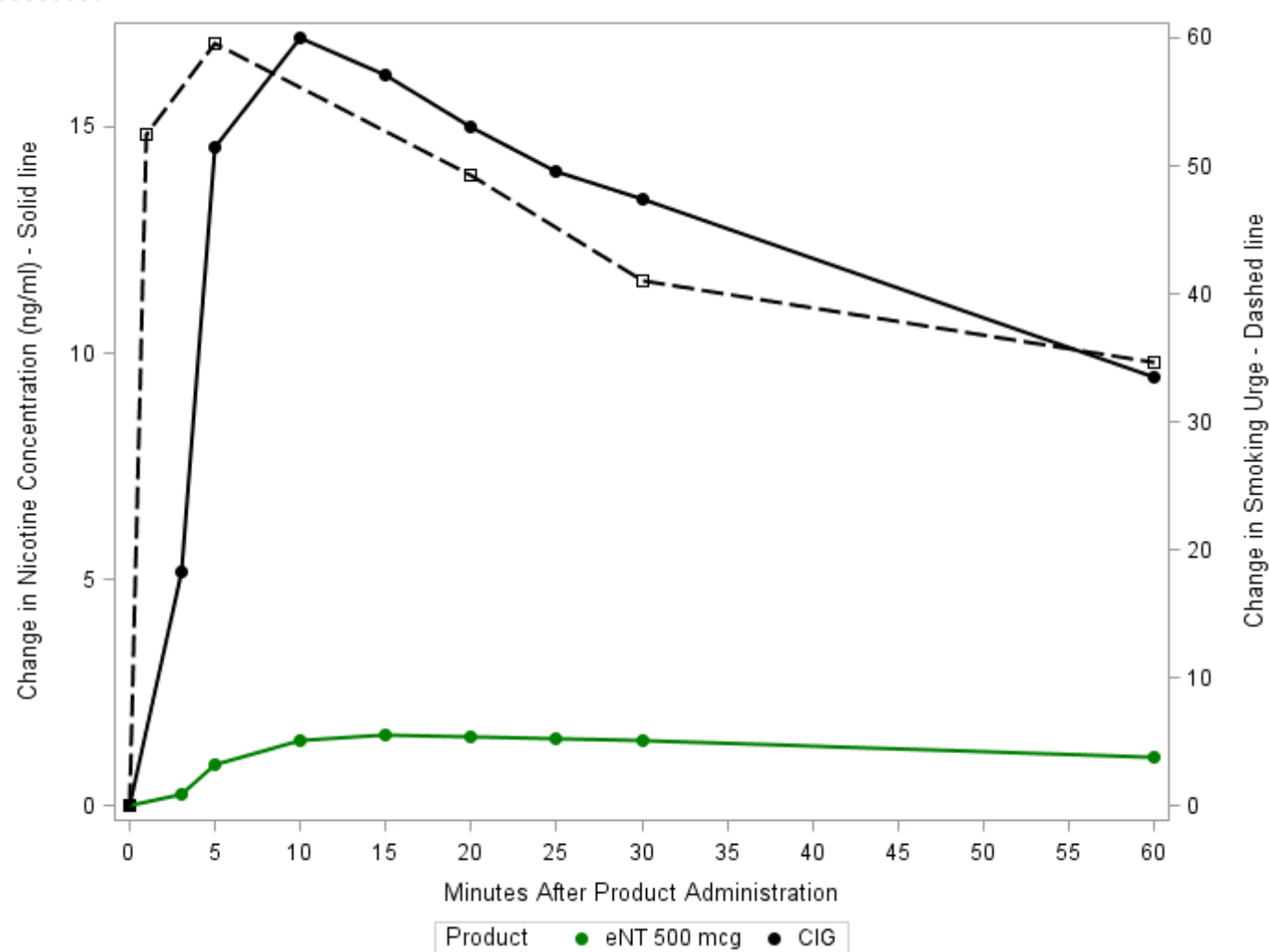
* Unpublished data

Efficient Use of Nicotine*



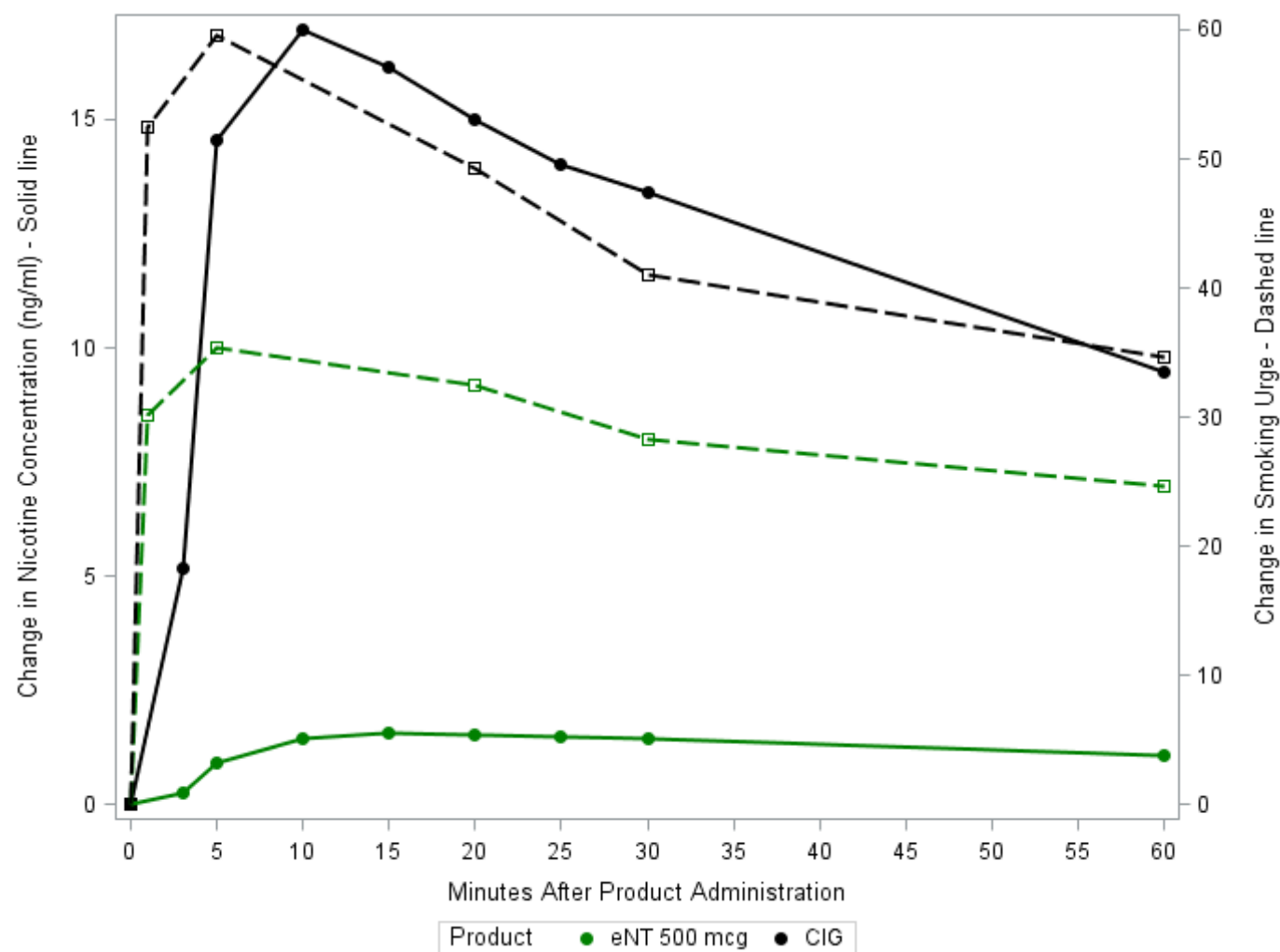
* Unpublished data

Efficient Use of Nicotine*



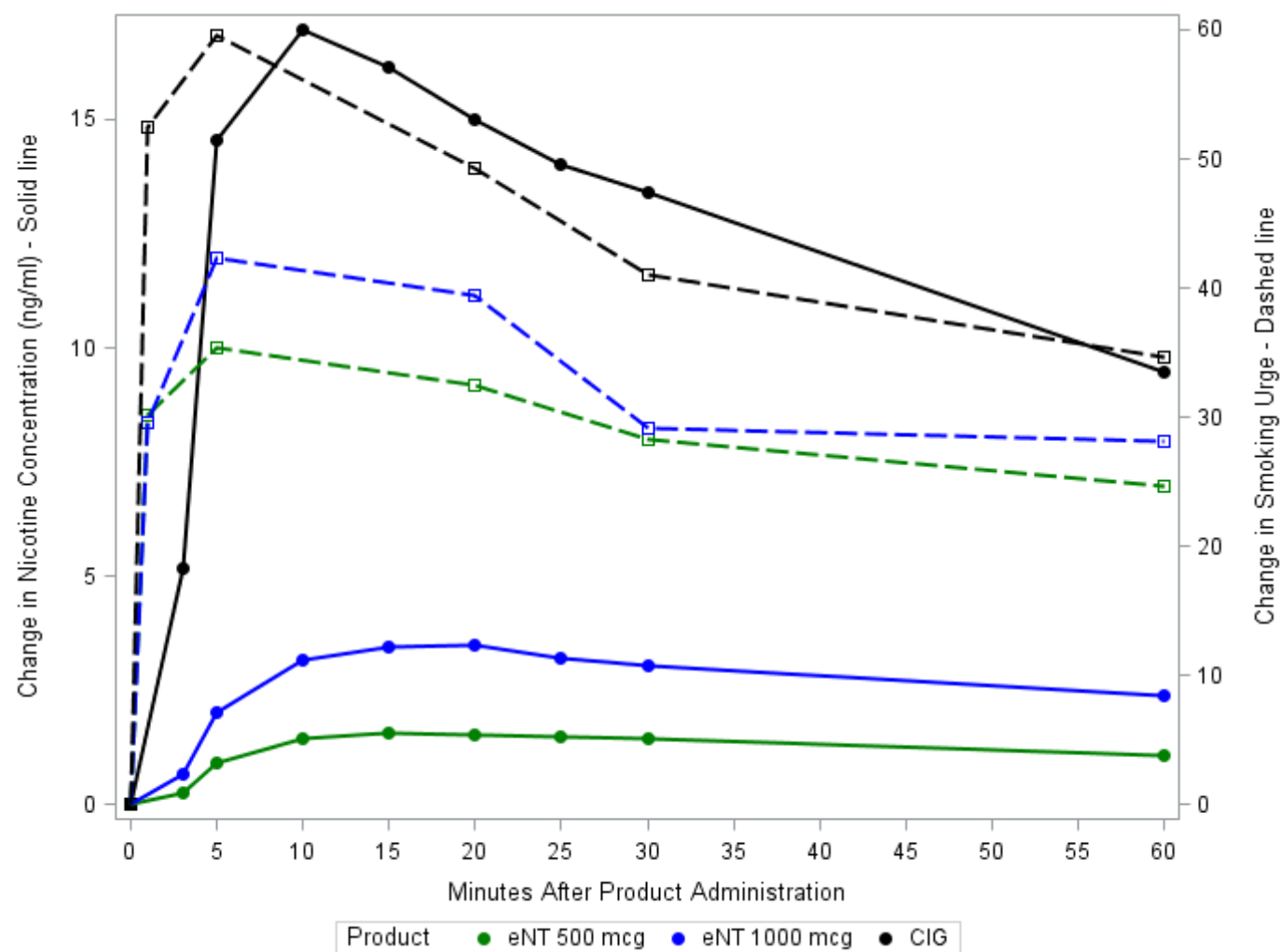
* Unpublished data

Efficient Use of Nicotine*



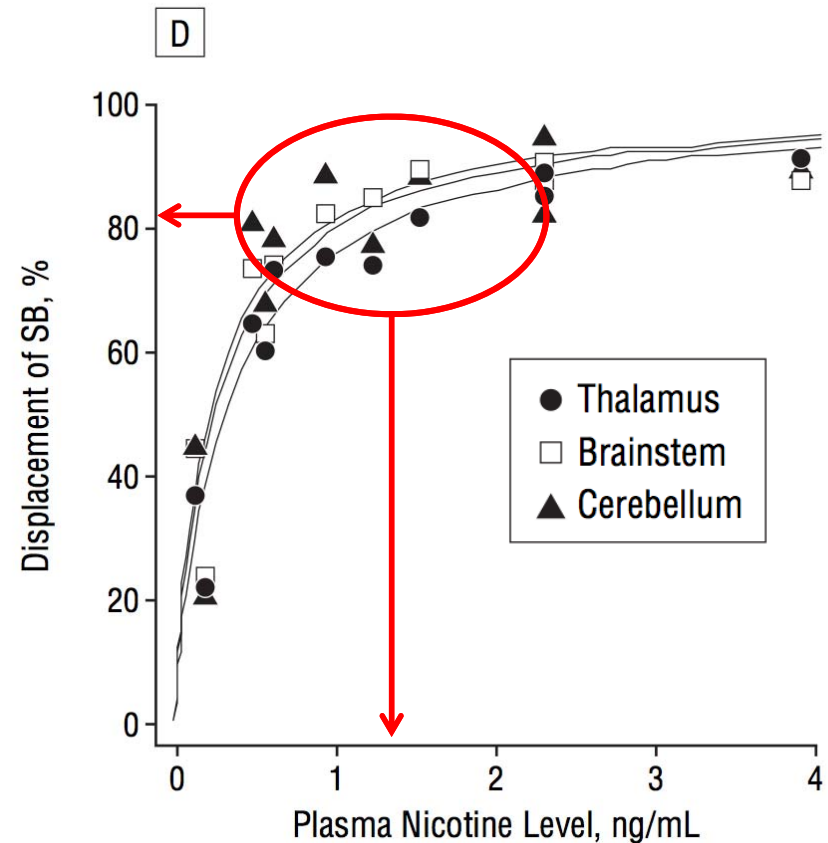
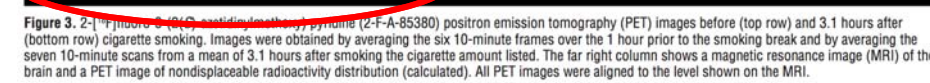
* Unpublished data

Efficient Use of Nicotine*



* Unpublished data

High P

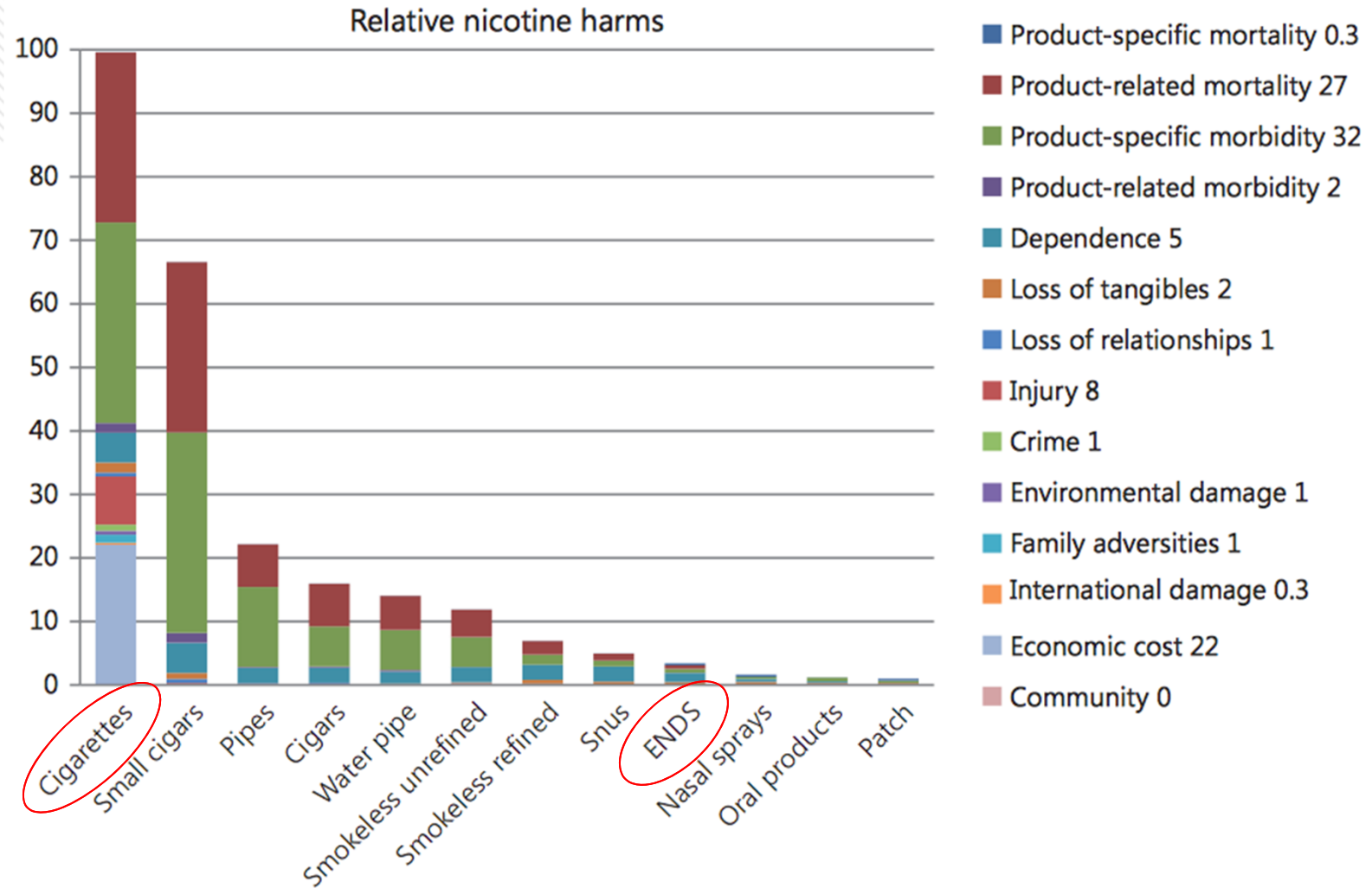


* Brody et al., Cigarette Smoking Saturates Brain $\alpha 4\beta 2$ Nicotinic Acetylcholine Receptors; *Arch Gen Psychiatry*. 2006;63:907-915

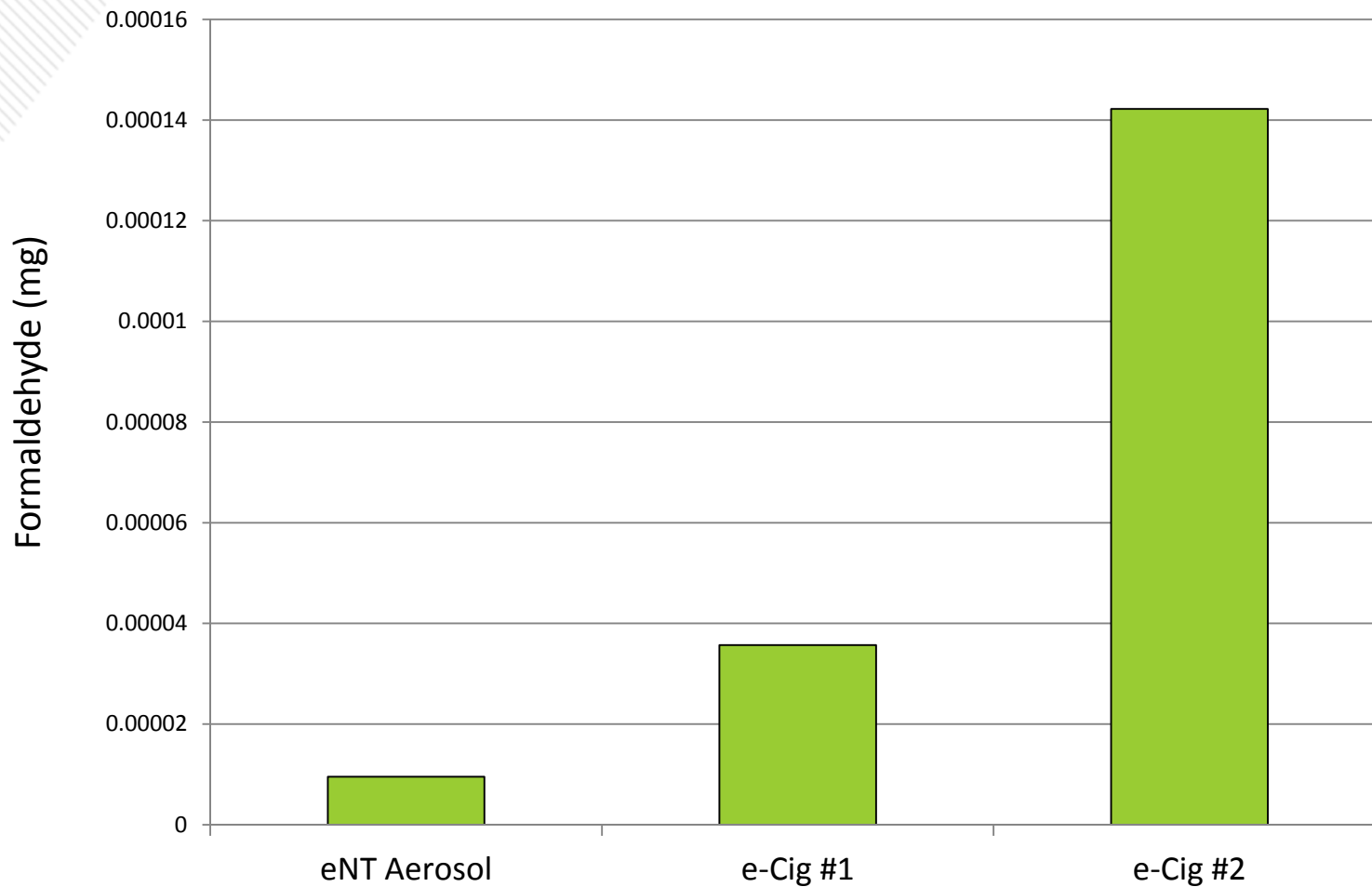
Estimating the Harms of Nicotine-Containing Products Using the MCDA Approach

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 Eur Addict Res 2014;20:218–225
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Relative Harms

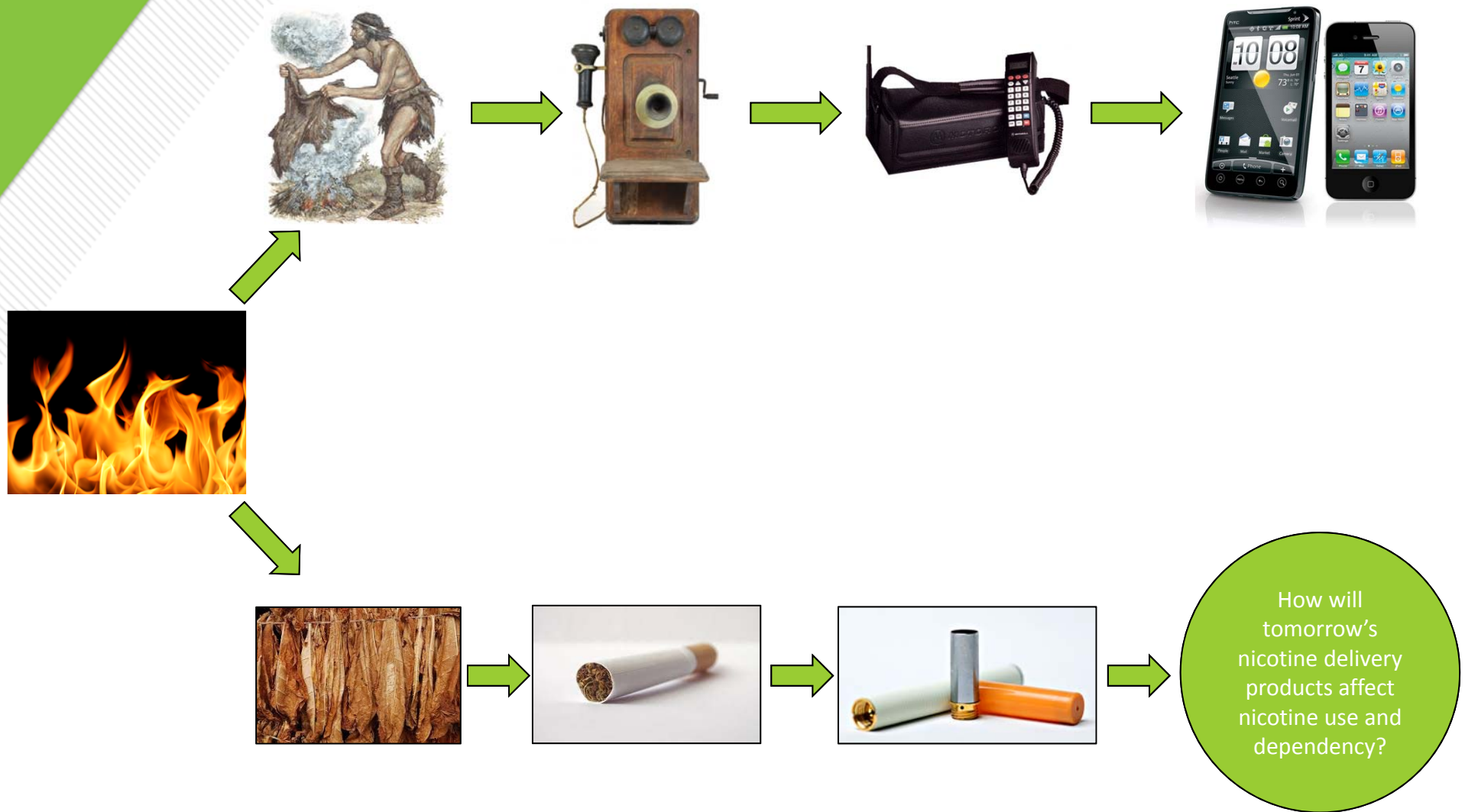


Possible to Reduce Formaldehyde Per Inhalation



* Unpublished data

Innovation's March Forward...



Evolution in Form Factor & Nicotine Delivery

TODAY



- ✓ Look like cigarettes
- ✓ Glow like cigarettes
- ✓ Have second-hand vapor
- ✓ Inconsistent nicotine delivery

Evolution in Form Factor & Nicotine Delivery

TODAY → TOMORROW



- ✓ Look like cigarettes
- ✓ Glow like cigarettes
- ✓ Have second-hand vapor
- ✓ Inconsistent nicotine delivery



- ✓ May not resemble cigarettes
- ✓ May not glow like cigarettes
- ✓ Have no second-hand vapor
- ✓ Consistent nicotine delivery

Real World Use: Passive vs. Purposeful

TODAY



- ✓ Use take place in a complete vacuum
- ✓ No leveraging of mobile technology
- ✓ No leveraging of eHealth tools
- ✓ Academic research only using Ecological Momentary Assessment (EMA)

Real World Use: Passive vs. Purposeful

TODAY → TOMORROW



- ✓ Use take place in a complete vacuum
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- ✓ Bluetooth enabled devices track usage
- ✓ eHealth tools guide users to goals
 - ✓ Transition from combustibles
 - ✓ Tapering to quit nicotine entirely

Summary

New products “should be somewhat more reinforcing than nicotine replacement therapies but perhaps less reinforcing than conventional cigarettes... Ideally, [such a device] would be sufficiently reinforcing so as to attract smokers away from conventional cigarettes but not enough to encourage the widespread dependent use of the product by individuals who were previously non-users, or who would have quit smoking.”

-- IOM's *Scientific Standards for Studies on Modified Risk Tobacco Products*, 2012, p.7)